

# PROFESSIONALS NEWS



How To Design Your Dream Kitchen

Tips to Help You Beat the Winter Bugs



## Preparing Your Home for Inspections

*Have you just placed your home on the property market? Is it ready for its first property inspection?*

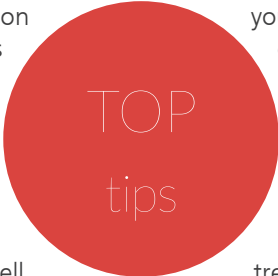
When presenting your home for sale it goes without saying that you want to make a good impression on your buyers and this usually means fixing anything that is broken, and cleaning up around the house and in the yard.

Street appeal is the first thing you should pay attention to, as your front yard is your home's biggest advertisement. Buyers will create an instant opinion on your property based on aspects such as the fence or how well the front yard is kept and maintained. Mowing lawns and raking up leaves are absolute musts before inspection day.

Next up, you need to take a good look at the inside of your home and give it a thorough clean up. Clear away clutter on benches and tables, or any unsightly items that might be stashed in corners. Try

to make the property feel as fresh and clean as possible. If there are any leaking taps or broken lights, these should be fixed before inspection day too.

Right before the property inspection you might also consider creating a nice atmosphere in your home by opening curtains and windows and putting fresh flowers out. If it's a cold winter's day it can also be nice to have the heating on, or having fresh baked treats left out for guests.



When preparing your property, put yourself in the buyer's shoes and try to imagine what first impressions your property will give them. **If you require any advice on how to best present your property for inspections, then please get in contact with your local Professionals Real Estate Agent.**

# How To Design Your Dream Kitchen



Designing a kitchen can be tricky. You need to make sure it's a functional work area that also has plenty of storage space and is aesthetically appealing, whilst also working within the design of the rest of the house. So what kitchen rules should you aim to stick to ensure that your kitchen is the heart and soul of your home?

**The work triangle** – This is the first aspect to think about when designing a kitchen. You want to place the refrigerator, sink and primary cooking surface in a triangle with the shortest walking distance from each other so that you can easily move between these when preparing meals.

**Kitchen zones** – When it comes to thinking about where to put your cabinets and appliances, you might like to think about your kitchen in terms of work zones. Typically in kitchens there is a cooking zone where you can work with your hot pots and pans; a washing zone for cleaning up; and a storage zone where all your food is kept.

**Cabinet doors** – Be aware of where doors open out to, and try to avoid doors that open into walls, especially if you have protruding door handles.

**Lots of storage** – You can never have enough storage in a kitchen. If your kitchen only has limited space, you can add extra storage with the addition of floating shelves or hooks.

If you're unsure about how to design your kitchen there are plenty of resources online, it also helps to talk to a kitchen expert to make sure you end up with a kitchen that is just right for your home.

# Tips to Help You Beat the Winter Bugs



Winter often means hot soups and cosy nights by the fire, but unfortunately it also tends to mark the start of cold and flu season.

But while catching a cold or virus is sometimes unavoidable, there are things that we can all do to help boost our immunity and keep those nasty germs at bay.

- It's important to always keep on top of personal hygiene habits such as washing hands, especially after using the bathroom, and holding objects that others who have been sick have touched. Always wash your hands before handling food too.
- To avoid the spread of bacteria in your home ensure that you always throw used tissues in the bin immediately, and sanitise surfaces regularly (this includes items such as phones and computers).
- Try to keep yourself warm. If it's cold, don't be afraid to rug up or to relocate somewhere warmer.
- Eat a healthy diet with lots of fresh fruit and vegetables to help boost immunity, and don't skip meals as you need lots of energy in winter to help keep yourself warm.
- If you do get sick, remember to take time away from work or school to help prevent the spread of germs, and make sure that you get plenty of rest to help your body recover.
- Visit your local doctor if you have any concerns, they will be able to recommend the best course of action for you.

**VISIT US ONLINE AT [WWW.PROFESSIONALS.COM.AU](http://WWW.PROFESSIONALS.COM.AU)**